

I'm not a writer





You are a writer

If you have ever written any form of fiction, you're a writer. Heck if you've written anything, you're a writer.

Step 1: Set a timer for 5 minutes and write all the roadblocks you're facing to writing right now. The negative thoughts, time, resources. What's actively stopping you right now?

Step 2: Set another timer for 5 minutes and brainstorm the fixes to each roadblock. What actions could you take to get rid of the roadblock or lessen its impact?

Step 3: Take another 5 minutes to choose one of the fixes and make an action based plan to implementing it.

You've got this!

**I feel like
I have no support**



You have support



As long as you're a member of the P.S. Writers Club, you have at least one go to place for support.

Have a question? Ask it in the discord community or via the Q&A form.

Struggling with planning or writing? Ask for feedback in the discord community or via the Red Pen Hour feedback form.

Need someone to talk to about what you're working on, or need help getting out of a writing slump? Go to the discord community and say so! We're here for you!

Noticing a trend? Is it that you have support, a community, storytellers like you ready to help you? Yeah, I hope you see it. And I'll see you in the discord community.

I'm not good enough



You are good enough



Ask yourself “why” and answer with “because” until you get to the root of the problem. Ex.:

Q: *Why do I feel like I am not a good enough writer?*

A: *Because I haven't written a book yet.*

Q: *Why haven't I written a book yet?*

A: *Because I don't have a good idea.*

Q: *Why don't I have a good idea yet?*

A: *Because I'm not creative enough.*

Q: *Why am I not creative enough?*

A: *Because I overthink and then get overwhelmed.*

Then, find a solution to that problem so you can move forward. A simple solution (just so you know), is to practice. Write short stories, long stories, try different techniques, use prompts to get those creative juices flowing. Any practice is good practice.

**I feel guilty about
not achieving my goals**



You can make mistakes



Stop beating yourself up about not reaching your goals in time or putting your writing time on the back burner. You're not the first and you're not the last. Here are some tips to help you achieve your goals and put writing higher on your list:

- Use a planner (digital or printable, whatever works best for you)
- Set short (90 days) and long term (1 year, 5 years) goals and check in with yourself on those goals once a week.
- Set mini goals for yourself once a week
- Purposefully schedule in writing time (even if you start with just once/week). Start the habits you want to form at a slow pace. Remember The Tortoise and the Hare? Be like the Tortoise.
 - Example: write once a week for 30 minutes, then twice a week for 30 minutes, and keep increasing until you get to your desired writing consistency goal.

Choose one of these to start until you find what helps you the best in reaching your goals.